

Transdermal Cream Patient Instructions

Your doctor has recommended and prescribed a compounded medication that will be custom made to treat your specific needs. Every prescription from *Infinity Compounding Solutions* is mixed specifically for you, based on your condition and what your doctor has requested.

A pharmacy representative will contact you prior to compounding your prescription to discuss allergies and information pertinent to filling your order. The pharmacy will contact your insurance provider to verify your coverage and co-pay, and will provide this information to you at that time. *If you do not hear from us within 24 hours, please call the pharmacy.*

It is important that you use your prescription as directed so that you may experience its maximum benefits. Please follow the instructions below, and contact *Infinity Compounding Solutions* to speak with a pharmacist if you have any questions. Our toll-free number is <u>1-888-414-5805</u>.

- 1. Before each application, clean and dry affected area.
- 2. Do not apply cream to open wounds.
- 3. The person rubbing in the cream should wash hands before and after application. For best results, start with cool water and soap, lather and rinse with warm water. If someone else is helping you apply the cream, it is suggested that person wear a glove.
- 4. Apply cream using the dispenser. Do not open jar and use fingers to scoop out cream.
- 5. Apply 1 2 grams (1 gram = approximately 1 inch; or if given pump, 1 pump = approx. 1.5 grams) of cream to affected area and rub in well for 2-4 minutes, or as directed by your physician. CAUTION: AFTER APPLYING CREAM, DO NOT TOUCH EYES OR MOUTH UNTIL YOU HAVE WASHED YOUR HANDS. CAN CAUSE BURNING AND IRRITATION.
- 6. Do not wash area where cream was applied for at least one (1) hour.
- 7. Do not cover area with an occlusive bandage, such as plastic wrap.
- 8. Cream and/or gel may feel cool or tingly when applied, which is normal.
- 9. Rub cream into the affected area three (3) times a day, or as prescribed by your physician. Massage into skin thoroughly for at least 2-4 minutes.
- 10. Store at room temperature. Do not refrigerate.

If you have any questions, please call our toll-free number - 1-888-414-5805

Your prescription will be delivered directly to you in an unmarked package for privacy purposes. It will be shipped to the address on file with your physician. If you prefer your shipment to be received at a different location, please provide the pharmacist with that address. There is no charge to you for shipping the medication.